Great Manchester Run - 16th May 2010

Excellent Development enables farmers in Africa to gain access to water and grow enough food to eat and sell. We have a limited number of places in this year's Great Manchester Run, and are looking for runners who can fundraise at least £200. Run 10K through the beautiful city of Manchester and raise funds for an Excellent charity. Are you up for the challenge? Then sign up!

Please fill in your contact details in Block Capitals:

Title: **First Name:** **Surname:**

Address:

Post Code:

D.O.B. **Mobile No:**

e-mail address:

Communicating by email lowers our costs and environmental impact. Excellent Development will store your contact details but WILL NOT pass them to any 3rd party. We would like to keep you updated on the impact of your support via our monthly email newsletter. Should you NOT wish to receive this please enter a cross here ☐

In order to complete your registration for the Great Manchester Run we ask you to contribute £30 towards your entry fee. Please enclose a cheque for £30 made payable to Excellent Development, or make a bank transfer to Excellent Development Limited, The Co-operative Bank plc, Account No. 65093528, Sort Code 08-92-99

PLEASE COMPLETE THE FOLLOWING DECLARATION

I consider myself fit and healthy to run the Great Manchester Run for Excellent Development. I understand that I am to contribute a £30 non -refundable deposit and have enclosed a cheque/made a bank transfer for this amount.* I am expecting to raise at least £200 in sponsorship.

Signed _____ **Date** _____

***please delete as applicable**

If you would like to run in an Excellent Development T-shirt, please indicate your size here (S/M/L/XL)

Please send to: Excellent Development, FREEPOST RSAC-UBYE-XHET, Studio 61, The Market Building, 195 High Street, Brentford TW8 8LB or email to sophie@excellentdevelopment.com

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